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Salad Leaves For All Seasons: Organic Growing From Pot To Plot



Synopsis

This compendium of practical methods for growing a wide variety of salads throughout the year will inspire you to grow your own greens, whether on a windowsill, in your garden, or on your allotment. Here is all the information you need for productive, healthy, and tasty salads. The subtleties of salad seasons and virtues of different leaves throughout the year are discussed and there are delicious and imaginative recipes to try, exploiting the fantastic flavors, color, and vitality of home-grown salad leaves.

Book Information

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Customer Reviews

"An essential book for every garden and kitchen." [Nigel Slater, Observer Magazine](#)

Charles Dowding has been growing organic vegetables commercially for 30 years, without soil cultivation. He is the author of *How to Grow Winter Vegetables* and *Organic Gardening*. He also writes articles for several gardening publications, lectures, and runs courses on how best to look after soil and plants.

I am really into growing lettuce right now, so this was very informative for me.

A nice book, informative, priced right! 5 bright stars!

Beautifully illustrated book with great colorful salads...for the health nut!

Excellent

Book aimed at UK audience but I had no problem applying the information to my temperate climate in the U.S. What I like the most was the detailed information about what the plants looked like, tasted like, when they grew best, how to grow for leaf or entire plant harvest. I want to incorporate more salad greens into my diet and this book, I believe, will make it possible!

Directions for growing and recipes are easy to follow. Divided into growing times with recipes in each section. I will bring to market to help patrons get ideas for eating. I will also use to try new lettuce types. Not just lettuce which is really nice.

Review on 'Salad Leaves for All Seasons' - Charles Dowding
For those who purchased, perused, and put into practice Dowling's earlier book, 'Organic Gardening - The No Dig Natural Method', there is now more good news. His book, 'Salad Leaves for All Seasons', is as valuable to an organic gardener as the first. This year's 2009 growing season has proven it's worth, and the know how Dowding gives you works without a lot of expense and back breaking labor. We have watched the price of green groceries go up as world wide economic conditions go down. Some of us have to eat a green salad every day (and all of us should) for good health. 'Salad Leaves for All Seasons' tells you how to grow your own in plain English. In a very cost effective manner, this book frees you from a grocery cooler shelf looking at price prohibitive items laden with more and more poisons as time goes by. You do not have to endure price or poisons when you find out how easy it is to grow your own. Dowding has been an organic grower for over 25 years and lets you draw from his well of practical knowledge. I've grown tired of buying books that promise much, but do not deliver. 'Salad Leaves for All Seasons' is exactly what the title says it is. It does not leave you wondering why you spent your hard earned cash to purchase it. The book is an investment, not an expenditure, and should provide a return on the investment. The information in it is useful and worth keeping, enough said. Burton Dale

This book has a look that encourages spending time in its pages...I look forward to doing just that!

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Salad Leaves For All Seasons: Organic Growing from Pot to Plot SALADS: The 500 Best Salad

Recipes (salads for weight loss, salad, salad recipes, salads, salad dressings, salad dressing recipes, paleo, low carb, ketogenic, vegan, vegetarian, salad cookbook) Salads: 365 Days of Salad Recipes (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Salad) Instant Pot: 365 Days of Instant Pot Recipes (Instant Pot Cookbook, Instant Pot Slow Cooker, Instant Pot Book, Crock Pot, Instant Pot, Electric Pressure ... Vegan, Paleo, Breakfast, Lunch, Dinner) Instant Pot Cookbook: 500 Instant Pot Recipes Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook, Instant Pot Electric Pressure Cooker Cookbook) CROCK POT: Delicious, Healthy Crock Pot Recipes (2100 Crock Pot Recipes Cookbook, Clean Eating, Crockpot, Healthy Crock Pot, Crock Pot Chicken, Crock Pot Recipes Cookbook) INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Crock Pot: 1001 Best Crock Pot Recipes of All Time (Crockpot, Crockpot Recipes, Crock Pot Cookbook, Crock Pot Recipes, Crock Pot, Slow Cooker, Slow Cooker Recipes, Slow Cooker Cookbook, Cookbooks) The Love Plot Workbook: How to Plot a Romance Novel (The Plot Chronicles) (Volume 2) Instant Pot Cookbook: Top 10 Electric Pressure Cooker Recipes: Instant Pot, Instant Pot Cookbook, Instant Pot Recipes : The Best Instant Pot Cookbook for ... cooker, electric pressure cooker recipes) Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Instant Pot: The AMAZING Pocket Cookbook for Instant Pot Cooking (1,500 Bonus Recipes! Instant Pot, Instant Pot Recipes, Instant Pot Cookbook, Pressure Cooker Recipes, Pressure Cooker Cookbook) CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) Chicken Pot Pie Recipe : 50 Delicious of Chicken Pot Pie Cookbook (Chicken Pot Pie Recipe, Chicken Pot Pie Recipe Book, Chicken Pot Pie Cookbook) (Karen Gant Recipes Cookbook No.4) The Ultimate Vegan Instant Pot Cookbook: Tasty & Healthy Vegan Instant Pot Recipes for Everyone (Vegan Instant Pot Recipes Cookbook, Vegan Instant Pot Cooking, Vegan Instant Pot for Two) Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Salad Dressing Recipes: Top 50 Most Delicious Homemade Salad Dressings: [A Salad Dressing Cookbook] Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) CROCK POT: 500 Best Crockpot Recipes (crockpot cookbook, slow

cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook) Instant Pot: 23 Real Ketogenic Diet Recipes For Electrical Pressure Cooker: (Instant Pot Cookbook 101, Instant Pot Quick And Easy, Instant Pot Recipes)

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